

EXPLORERS CLASS

Session Three Handout

www.christiancoachingresources.com

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Pray. Pray. Pray.

Choose training that moves you toward your vision.

- Research Christian coach training programs, including those professionally accredited by the International Coach Federation (ICF).
- Find other ICF professionally accredited schools listed at www.coachfederation.org.
- Use *[The Complete Guide to Christian Coach Training](#)* for further information on thirteen Christian coach training programs and consideration of eleven coach training decision making factors.

Activate your training and establish yourself as a coach.

- Be encouraged in most training programs to practice coaching while learning.
- Receive from most training programs information and support for establishing a coaching business or ministry.
- Work with a mentor coach - one who has successfully established a practice or ministry similar to your vision.
- Pursue professional coach certification to the extent that it supports your unique vision and goals.
- Participate in continuing education to expand your business skills and advance your coaching expertise.
- Find encouragement and enlightenment by intentionally connecting with other Christian coaches.

Eleven Decision Making Factors in Choosing Coach Training

1. Ask yourself: *Is it coaching our something else?*

2. Ask yourself: *Do I want to be the coach without training?*

3. Ask yourself: *Is secular coach training an option?*

4. Ask yourself: *Do I want accredited training or not?*

5. Ask yourself: *What type of certification do I want to receive?*

6. Ask yourself: *Do I need “niche” or specialized training?*

7. Ask yourself: *What training logistics are ideal for me?*

8. Ask yourself: *What will I pay for coach training?*

9. Ask yourself: *What makes a training program excellent?*

10. Ask yourself: *How important are coaching community connections?*

11. Ask yourself: *Does this program feel like a good match?*
